September 2020

August '20							October '20						
S	M	Т	W	Т	F	S	S	M	Т	W	Т	F	S
						1					1	2	3
2	3	4	5	6	7	8	4	5	6	7	8	9	10
9	10	11	12	13	14	15	11	12	13	14	15	16	17
16	17	18	19	20	21	22	18	19	20	21	22	23	24
23	24	25	26	27	28	29	25	26	27	28	29	30	31
30	31												

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31	1	2	3	4	5
	Turkey Lasagna	Chicken Brocoli Alfredo	BBQ Meatballs	Fried Chicken	Meatloaf	
	Green Beans		Yellow Rice	Mashed Potatoes	Glazed Carrots	
	Fruit	Fruit	Fruit	Fruit	Au Gratin Potatoes	
	Bottled Water	Bottled Water	Bottled Water	Bottled Water	Fruit	
	Juice	Juice	Juice	Juice	Bottled Water, Juice	
6	7	8	9	10	11	12
	BBQ Pulled Chicken	Chicken Parmesan	Tuna Salad	Fish Sticks	Turkey Breast w/ Gravy	
	Mac & Cheese	Mixed Veggies	Crackers	Sweet Potato Fries	Stuffing	
	Fruit	Fruit	Fruit	Fruit	Fruit	
	Bottled Water	Bottled Water	Bottled Water	Bottled Water	Bottled Water	
	Juice	Juice	Juice	Juice	Juice	
13	14	15	16	17	18	19
	Smoked Turkey Sausage	Ham & Cheese Wrap	Beef Nachos	Grilled Chicken Strips	Turkey Chili	
	Baked Beans	Chips		Fried Apples	Yellow Rice	
	Fruit	Fruit	Fruit	Fruit	Fruit	
	Bottled Water	Bottled Water	Bottled Water	Bottled Water	Bottled Water	
	Juice	Juice	Juice	Juice	Juice	
20	21	22	23	24	25	26
	Turkey & Cheese Wrap	Korean Rice Bowl	Glazed Ham	Fish Patty	Cheesesteak Egg Rolls	
	Chips	Glazed Carrots	Sweet Potatoes (4oz)	Mac & Cheese	Seasoned Wedges	
	Fruit	Fruit	Fruit	Fruit	Fruit	
	Bottled Water	Bottled Water	Bottled Water	Bottled Water	Bottled Water	
	Juice	Juice	Juice	Juice	Juice	
27	28	29	30	1	2	3
	Spaghetti & Meatballs	Chicken Stir Fry (4oz)	Honey Mustard Wings			
	Corn	White Rice (4oz)	Roasted Potatoes			
	Fruit	Fruit	Fruit			
	Bottled Water	Bottled Water	Bottled Water			
	Juice	Juice	Juice			